References Digestive Wellness 4th Edition

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Chapter 6 The GI Microbiome: Probiotics Naturally from Food and Supplements

Chapter 7 The GI Microbiome: Dysbiosis, a Good Neighborhood Gone Bad

Chapter 8 The GI Microbiome: Specific and Common Dysbiosis Infections

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Chapter 9 Fire in the Gut: Immune and Inflammation

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Chapter 26: Arthritis

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Part V: Natural Therapies for the Diverse Consequences of Faulty Digestion

Chapter 27: Autoimmune Disorders

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Chapter 35: Obesity, Metabolic Syndrome and the GI Connection

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Chapter 36: Osteoporosis – The GI Connection

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